



ROCKY MOUNTAIN CHAPTER

of the
Sacred Dance Guild

VOLUME 11, ISSUE 2

Fall 2011

A Letter from the President, Joceile Nordwall



Greetings Dancers!

You won't want to miss the wonderful workshop coming up on November 5th when Katharine Harts from San Francisco will be our leader. Katharine has been a presenter at Sacred Dance Guild Festivals, and we are really looking forward to hosting her at the Rocky Mountain Chapter. Find the details and registration information on the back page of this newsletter and on the website.

We're dancing along into the 21st Century! We thank those of you who have responded to our postcard requesting email addresses and updated information. Please add info@sdgrockymountain.org to the safe list in your email program to be sure you receive our mailings. Sending information electronically will help us to take care of our limited funds. We no longer receive rebates from the Sacred Dance Guild, so we have to cut costs just like everyone else, but we will continue to mail hard copies to those who prefer them. Please watch your mailboxes and check our website often: www.SDGRockyMountain.org. We thank Lesley Williams for maintaining it. If you haven't yet requested emails but would like to, please notify us via the Contact Us link on the website.

Your Board was in retreat in August at the Loretto Center in Lakewood. It was a wonderful day, and we hope to expand it to include everyone in the future. Thanks to Christina Bryan and Terry Benedett-Farmer for their leadership that day.

BOARD

- President: Joceile Nordwall 303-789-1145 bdjwall@q.com
- Vice President: Christina Bryan 303-279-0859 bryanc@colorado.edu
- Secretary: Open (this could be you!)
- Treasurer: Carolyn Lutito 303-433-1110 c.lutito@comcast.net
- Chapter Rep: Judy Rutledge 970-848-2549 djrutledge@hotmail.com
- Publicity: Regina Bowman 303-238-5058 rmbow@cmconline.com
- Membership: Lesley Williams 720-859-3321 lesleywilliams@msn.com
- Spiritual Direction: Terry Benedett-Farmer teresabfarmer@msn.com
- Members-At-Large: Ann Blessin 303-377-9114 amblessin@yahoo.com
Hope Golden 303-718-0093 hope@quickenet.org

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Festival 2012 will be held at Hope College in Holland, Michigan, next summer. The dates are July 24-29. Check the National website at www.sacreddanceguild.org for more information, or if you'd be interested in being a presenter. If you've never attended a Festival, think about it. It's a great experience.

Please help us spread the word about sacred dance to dance studios, shops and other organizations you are in contact with. Hoping to see you in November,
Grace and Peace,

Joceile Nordwall

A MIDNIGHT MOMENT

It was Midnight. After a busy day, I finally stopped to honor the silence as night closed in. I danced and sang my call to prayer then sat down to write in my journal. All this to prepare my heart, mind and soul for the inspiration I needed to receive in order to write the Eulogy for celebrating the life, death and resurrection in this new rising day of a dear one now departed.

As I began by honoring and shedding the past day's living, I realized how precious the silence of Mid-night is for me. I felt my body relax into this Mid-night Silence. You know what it is like – sinking into your warm comfortable chair as though returning to the loving womb of your birth?

I realized this is the same experience we have when dance and dancer become one. At that moment we move in the Eternal Oneness of life, death, life. Then our souls are open to Spirit's everlasting flow. In this Mid-night Moment flashed resurrection. It was a "Good Night."

Rev. Terry

Spiritual Director

Rocky Mountain Sacred Dance Guild

Need a companion for your spiritual journey?

You need not walk alone.

Rev. Terry Benedett-Farmer

Spiritual Companion/Director and

"The Artist's Way" Facilitator

Cell: 720-205-0470

Teresabfarmer@msn.com

Individual and Group Direction

Retreat Leader

The item above is a paid advertisement. If you would like to advertise in the next newsletter, email us at info@sdgrockymountain.org for prices. Limited space available.

We (still) need your help!!

In an effort to save money on postage, which is one of our largest expenses, we would like to start using email as much as possible. If you would like to get emails instead of more paper in your mailbox, please send an email to info@SDGRockyMountain.org from the address you want us to use. Include your name and address so we can be sure to take you off the hard copy mailing list. A big thank you to those of you who have already responded and are receiving this newsletter by email.

Mark Your Calendars!

When: Saturday, November 5, 2011

What: **Fall Workshop**

Let the Inner Child Dance With Katharine Harts

Where: Christ Church United Methodist
690 Colorado Blvd.
Denver, CO 80206

Time: 9:00 a.m.—4:00 p.m.

Cost: \$20 members (see box at right)
\$25 non-members

[More information on the back
page and Chapter website](#)

When: July 24-29, 2012

What: **2012 Festival**

Dance a World of Hope

Where: Hope College
Holland, MI

[More information on
the national website](#)

MEMBERSHIP

International Sacred Dance Guild

mem@sacreddanceguild.org

505-532-9239

Lifetime Membership — \$1,000.00

Annual Memberships:

Individual — \$50.00 (two years \$80.00)

Regular Group Membership — \$90.00
(no maximum number of members)

Student (full time with ID) — \$25.00

Senior (65 and over) — \$35.00



Spring Sharing—Amazing Grace

The Spring Sharing was held at the Saint Andrew Methodist Church on April 30, 2011. It was coordinated by Laura Herships and Christina Bryan. Laura's group featured sacred dancers also playing instruments and reading verse in a piece entitled *Hear My Cry*. Laura Padgett had everyone up and dancing to a Messianic dance *In Your Presence, O Lord* as did Tim Dobson when he led everyone in the *Dance of Universal Peace*. The talented young Justice Miles danced *Praise Dance* and the Living Grace Dancers danced the beautiful South African Freedom Song *Siyahamba*. Hope Golden of



Quickened Ministries inspired us with *How Great is Our God* and Vatanya Austin, also of Quickened Ministries, gave us a powerful experience with *Excellent Lord*.

Reverence for the Great Spirit was inspired by the Raven Dancers and the Great Spirit was also evoked by Terry Benedett-Farmer, as she started us off with a Gathering Dance. Stunning solo prayer work was performed by Sarah Bjornebo with *Hear My Prayer*. Ann Blessin led us in a prayerful closing. We all enjoyed eating together in the Fellowship Hall after the Sharing.



Saint Andrew's beautiful new sanctuary features a large screen on which we displayed the mission of the Sacred Dance Guild, and projected the performances so all could see. The sanctuary features stunning natural light streaming through the glass ceiling and was an amazing place for sacred dance. The sound equipment was cutting edge. Beloved Bible verses were the main decoration throughout the spacious light-filled building. We offer a huge thank you to the many members of Saint Andrew's congregation who showed generous hospitality, helping with greeting, lunch, technical support and clean-up.

Submitted by Christina Bryan

The King's Table 2011 Quickened Ministries - Brings the Gospel to Life!

On August 6 and 7th the audience, cast and crew of *The King's Table* (TKT) was honored by the grand appearance of God Almighty. The Spirit of our Lord showed up in a remarkable way and swept us off our feet.

Quickened Ministries, along with friends and partners in ministry, presented *The King's Table*, a worship experience, exalting the one and only God. We were all in wonder from the opening *Hear my Prayer Oh Lord* to the closing traditional theme song "The Presence of the Lord!". The moment the Spirit of the Lord descended on us, we the cast, the crew and God's entire dinner guests knew it.

I asked people, "So, what did you like most?" Well, you guessed it - it's hard to say. There were people drawn to a quiet place in God



during solos, many liked the diversity of the cast of worshippers, some said they will never forget the freedom of the children worshippers and last if you were there, so many of you said your moment was in the processional of the life size replica of the "the Ark of the Covenant".

Hope Golden



ROCKY MOUNTAIN CHAPTER

SDGRockyMountain.org

Editor
Lesley Williams
99 Moline St.
Aurora, CO 80010

Phone: 720-859-3321
Email: info@SDGRockyMountain.org
Website: SDGRockyMountain.org



The Sacred Dance Guild promotes sacred dance as prayer, and as a means of spiritual growth, connection to the Divine, and integration of mind, body, and spirit.



We are proud to present

Don't miss this opportunity !!



Katharine Harts

at our Fall Workshop

LET THE INNER CHILD DANCE

Saturday, November 5th, 2011, 9:00–4:00

Christ Church United Methodist, 690 Colorado Blvd. Denver

Reverend Katharine Harts has been a major presenter for Sacred Dance Guild Festivals in New London, CT. Hawaii and Berkeley, CA.

Katharine received her M.F.A.in Dance from the University of Arizona and has performed, choreographed and taught dance for over thirty years. Currently she is pastor at Fairfax Community Church in Fairfax, CA where she also teaches sacred dance, improvisation and moving meditation. Katharine's workshops are presented in an enjoyable, fun-loving way while probing the depths of the human spirit. I guarantee you will have an explosive fun-loving time. So put on your dancing shoes and join us!

Ann Blessin

Members \$20

Non-members \$25

Registrations:

Joceile Nordwall, bdjmw@q.com 303-789-1145